



# Illinois State Board of Education

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**Darren Reisberg**  
*Chair of the Board*

**Dr. Carmen I. Ayala**  
*State Superintendent of Education*

As required by 23 IAC Section 1.285 of the School Code, the Illinois State Board of Education collects data from public school districts, special education cooperatives, and nonpublic special education entities regarding the use of isolated time out, time out, and physical restraint. The State Superintendent reserves the authority to require districts to submit the information required under subsection (f)(1) for previous school years. The historical data included in this summary report was collected from the 2017-18, 2018-19, and 2019-20 school years.

- **10,785** students had documented incidents in the 2017-18, 2018-19, and 2019-20 school years
- **91,470** incidents were documented for the 2017-18, 2018-19, and 2019-20 school years
- **43,993** time out/isolated time out incidents were documented for the 2017-18, 2018-19, and 2019-20 school years
- A total of **1,157,801** minutes in time out/isolated time out were recorded for the 2017-18, 2018-19, and 2019-20 school years
- The average minutes per time out/isolated time out was **thirty (30)** minutes
- **53,336** physical restraint incidents were documented for the 2017-18, 2018-19, and 2019-20 school years
- A total of **491,551** minutes held in physical restraint were recorded for the 2017-18, 2018-19, and 2019-20 school years
- The average minutes per physical restraint was **10** minutes
- **32,115** incidences of harm to self (student) prompting the use of time out/isolated time out and/or physical restraint was recorded for the 2017-18, 2018-19, and 2019-20 school years
- **62,287** incidences of harm to staff prompting the use of time out/isolated time out and/or physical restraint was recorded for the 2017-18, 2018-19, and 2019-20 school years
- **28,656** incidences of harm to others prompting the use of time out/isolated time out and/or physical restraint was recorded for the 2017-18, 2018-19, and 2019-20 school years
- **10,964** incidences with no danger identified prompting the use of timeout/isolated timeout and/or physical restraint was recorded for the 2017-18, 2018-19 and 2019-20 school years

*Data prepared by the Data Strategies & Analytics Department, Illinois State Board of Education, November 2020*

The three-year historical data does not include information on the individual student such as name, age, race, gender, IDEA and/or EL eligibility. On August 4, 2020, all school districts, special education cooperatives, and nonpublic special educational entities have two days to submit incidences of isolated

time out, time out and physical restraint into the Student Information System (SIS) using the Physical Restraint and Time Out form at <https://www.isbe.net/Documents/11-01-Physical-Restraint-Time-Out-Form.pdf>.

**Disclaimer:** The Illinois State Board of Education (hereinafter referred to as ISBE) is committed to providing all stakeholders with the most accurate information regarding the use of time out, isolated time out and physical restraint across Illinois. As of August 4, 2020, all educational entities that serve public education students were required to report these incidents to ISBE within two school days of the occurrence pursuant to Illinois Administrative Code (23 IAC 1.285). Prior to this date, local school districts, special education cooperatives and nonpublic facilities did not have a uniform system to report these occurrences to ISBE nor did they have a collective understanding of the definitions for the use of time out, isolated time out and physical restraint; therefore, ISBE cannot attest to the accuracy of the data collected from these entities before August 4, 2020. There are a number of local school districts, special education cooperatives and nonpublic facilities that are not included in this release of data as the release would interfere with active administrative enforcement proceedings conducted by ISBE.